# BELCHERTOWN STINGRAYS SWIM TEAM

# ASSISTANT COACH JOB DESCRIPTION

#### **QUALIFICATIONS**

The Assistant Coach must be at least 20 years of age and have past experience in competitive swimming. The Assistant Coach must have a current CPR and First Aid certificate. It is expected that the Assistant Coach be committed to the entire season.

#### **COMPETENCIES**

The Assistant Coach should possess demonstrated competencies in the following areas:

- -Water Safety Instruction
- -Coaching background in competitive swimming
- -Knowledge in teaching stroke techniques
- -Experience working with children of various ages
- -Good communication skills
- -Organizational and planning skills
- -Supervisory skills
- -Teamwork
- -Motivational techniques
- -Patience

IT IS PREFERRED THAT THE ASSIATANT COACH POSSESS EXPERIENCE IN U.S. SWIMMING AND HAVE AN UNDERSTANDING OF THE ROLE OF NUTRITION IN COMPETITIVE SWIMMING.

#### **JOB FUNCTIONS**

The Assistant Coach is responsible for:

#### - ASSISTING IN PLANNING THE SEASON, INCLUDING:

- -Planning each practice and determining the emphasis for each practice session
- -Planning age group assignments per time slots
- -Determining swimmers' pace

## -COACHING SWIMMERS, INCLUDING:

- -Lane assignments
- -Instruction and correction of stroke techniques
- -Motivating swimmers
- -Recognizing the strengths and weaknesses of each swimmer and helping each individual to reach his/her potential

### - ASSISTING IN COORDINATING MEETS, INCLUDING:

- -Swimmer assignments. It is expected that each swimmer will swim every stroke or event during the season.
- -Model and teach good sportsmanship and the importance of fair play

-COMMUNICATES WITH AND WORKS FOR THE HEAD COACH AND RECREATION DEPARTMENT AQUATICS COORDINATOR.